


**Environmental construction for standardization of elastography and development of viscoelastic phantoms**

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### Background and Purpose

**Elastography:**  
Non-invasive method for measuring viscoelastic modulus

**MRE** (Magnetic resonance elastography)

- Using MRI (magnetic resonance imaging)
- Advantages: Deep inside measurements

**USE** (Ultrasound elastography)

- Using ultrasound system
- Advantages: Real-time measurements

**Classification of USE**

	Strain imaging	Shear wave imaging
Manual compression	Strain elastography	<b>SWE</b>
Acoustic radiation force impulse excitation	ARFI imaging	Shear wave elastography
Mechanical external vibration		Transient elastography

**Issues:**  
Different elastography systems produce different measurement values. Therefore, the same standard value cannot be used as an imaging biomarker across elastography systems.

**Purpose:**  
**Environmental construction for standardization of elastography and development of MRE / USE dual-use phantom**

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### Visco-elasticity Measurement Environment with a Wide Frequency Range of about 1 to 500 Hz

Modality

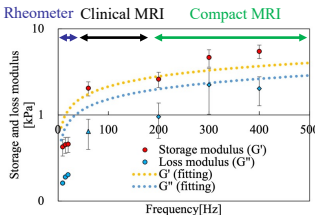
MRI

US

Rheometer

Scale (Spatial resolution)

$\mu\text{m}$        $\text{mm}$        $\text{cm}$



**Porcine liver (in-vitro) Frequency dispersion**

**Visco-elasticity measurement environment**

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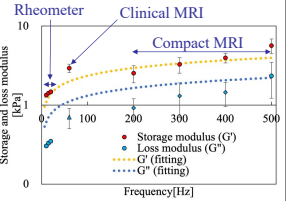
### MRE / USE dual-use Tissue-mimicking Viscoelastic Phantom

**Phantom specification**

- Speed of sound: 1560 m/s (QIBA\*: 1540  $\pm$  30)
- Attenuation coefficient: 0.5 dB/cm/MHz (QIBA\*: 0.5  $\pm$  0.1)
- \*QIBA US Shear Wave Speed for Liver Fibrosis 2022-04-25

Main chain	Acrylamide
Cross linker	N,N'-Methylenebisacrylamide
Solvent	Water
US scatterer	Aluminium oxide

**Polyacrylamide gel phantom**

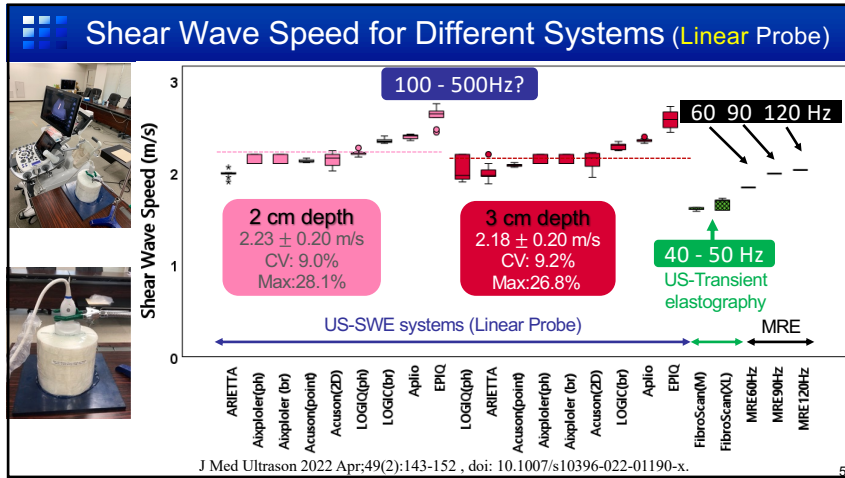


**Gel phantom Frequency dispersion**

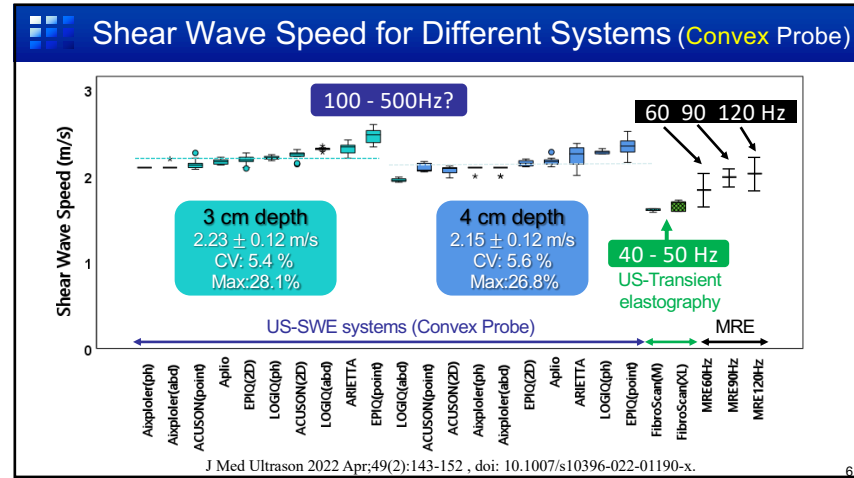
**Related papers**

- Measuring shear-wave speed with point shear-wave elastography and MR elastography: a phantom study. *BMJ Open* 2017 Jan 5;7(1):e013925
- Development of a viscoelastic phantom for ultrasound and MR elastography **satisfying the QIBA acoustic specifications**. *IEEE IUS* 2020, doi: 10.1109/IUS46767.2020.9251680
- Longitudinal stability** of a multimodal visco-elastic polyacrylamide gel phantom for magnetic resonance and ultrasound shear-wave elastography. *PLoS One*. 2021 May 21;16(5):e0250667
  - **Shear wave speed (SWS) change -3.6% over 18 months**
- Shear wave speed measurement bias in a viscoelastic phantom across six ultrasound elastography systems: a comparative study with transient elastography and magnetic resonance elastography. *J Med Ultrason* 2022 Apr;49(2):143-152. doi: 10.1007/s10396-022-01190-x.

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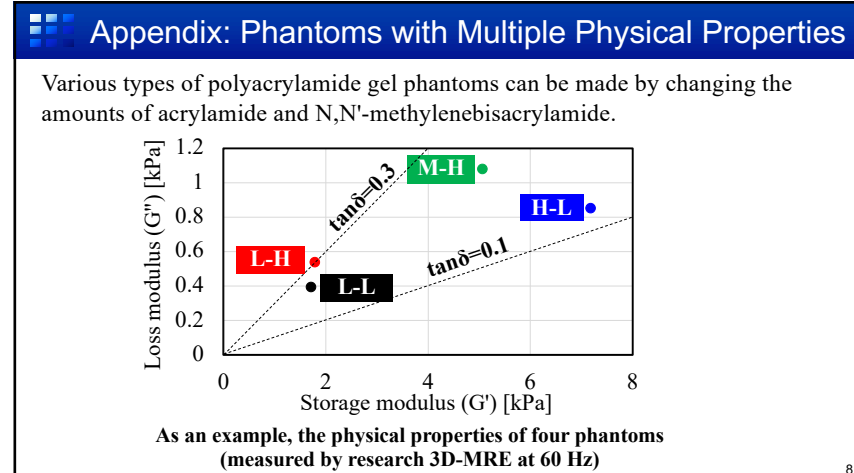


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### Conclusion

- We have constructed a viscoelasticity measurement environment with a wide frequency range of about 1 to 500Hz.
- Our multimodal visco-elastic phantoms for MR and US elastography fulfilled the QIBA specifications, which include the speed of sound, attenuation coefficient, and long-term stability.
- The developed phantoms will help to evaluate the bias and variance between different elastography systems and potentially be used for quality assurance and quality control for MR and US elastography.

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